



# Important Information for Club Members and Families/Carers

## Are you fit enough to Snorkel?

If you are feeling unwell for the club session, especially with symptoms such as a runny or blocked nose you should not go into the water, as snorkelling (diving down) can put pressure on the ear drums and spread any infection into the inner ear.

The question members need to ask themselves is '**can I equalise?**' If not, you should not get into the water.

With the general concerns about the spread of viruses, parents and carers should also consider whether they are feeling unwell when bringing members to the Sports Centre. If necessary, ask another responsible adult to bring them to the session, or members should stay at home and maybe study snorkelling theory using the resources provided by BSAC when they joined.

## Care of basic equipment

The basic snorkelling kit of Mask, Fins and Snorkel can be quite expensive, and the club encourages members to purchase their own equipment. After use, whether in the pool or open water, **all basic equipment should be washed down with soap & hot water.**

The club provides equipment for members to use during sessions and we do check that it is fit for use on a regular basis. If you are a member that borrows equipment, especially a snorkel, it is the **members responsibility** to make sure that it is washed down with soap & hot water after use and returned to the equipment box/basket.

With heightened concern for the spread of viruses the club is offering to let members borrow and be responsible for keeping their snorkel until they purchase their own. If the club snorkel provided is particularly comfortable and a member wishes to purchase it from the club, please speak to Ray, Anthony or Graham.